

Butter

Cups	Grams
1/4 cup of Butter	57 grams
1/3 cup of Butter	76 grams
1/2 cup of Butter	113 grams
1 cup of Butter	227 grams

Dry Goods

All-Purpose Flour and Confectioners' Sugar

Cups	Grams	Ounces
1/8 c (2 tbsp)	16 g	.563 oz
1/4 cup	32 g	1.13 oz
1/3 cup	43 g	1.5 oz
1/2 cup	64 g	2.25 oz
2/3 cup	85 g	3 oz
3/4 cup	96 g	3.38 oz
1 cup	128 g	4.5 oz

Bread Flour

Cups	Grams	Ounces
1/4 cup	34 g	1.2 oz
1/3 cup	45 g	1.6 oz
1/2 cup	68 g	2.4 oz
1 cup	136 g	4.8 oz

Rolled Oats

Cups	Grams	Ounces
1/4 cup	21 g	.75 oz
1/3 cup	28 g	1 oz

1/2 cup	43 g	1.5 oz
1 cup	85 g	3 oz

White Sugar (Granulated)

Cups	Grams	Ounces
2 tbsp	25 g	.89 oz
1/4 cup	50 g	1.78 oz
1/3 cup	67 g	2.37 oz
1/2 cup	100 g	3.55 oz
2/3 cup	134 g	4.73 oz
3/4 cup	150 g	5.3 oz
1 cup	201 g	7.1 oz

Packed Brown Sugar

Cups	Grams	Ounces
1/4 cup	55 g	1.9 oz
1/3 cup	73 g	2.58 oz
1/2 cup	110 g	3.88 oz
1 cup	220 g	7.75 oz

Honey, Molasses & Syrup

Cups	Grams	Ounces
2 tbsp	43 g	1.5 oz
1/4 cup	85 g	3 oz
1/3 cup	113 g	4 oz
1/2 cup	170 g	6 oz
2/3 cup	227 g	8 oz
3/4 cup	255 g	9 oz
1 cup	340 g	12 oz